

III DUATHLON Ziemi Mieleckiej

Międzyczasy



2026-04-26, Mielec

| M-ce | Nr | Imię i nazwisko | Powiat | B-1 | B-2 | Z-1 | R-1 | R-2 | R-3 | Z-2 | B-3 | Rower | Bieg | Wynik | |
|-----------------|----|--------------------|--------|------|------|------|-------|-------|-------|------|-------|-------------|-------------|---------|---------|
| Duathlon | | | | | | | | | | | | | | | |
| 1. | 9 | BRZYSKI Maciej | | 8:00 | 8:05 | 0:27 | 9:52 | 9:08 | 9:55 | 0:30 | 8:33 | 28:54 (1.) | 24:38 (1.) | 54:30 | M (1.) |
| 2. | 57 | MICHALSKI Andrzej | | 8:03 | 8:11 | 0:42 | 10:05 | 9:33 | 9:46 | 0:29 | 8:28 | 29:24 (2.) | 24:42 (2.) | 55:16 | M (2.) |
| 3. | 48 | KULA Mikołaj | | 8:01 | 8:12 | 0:54 | 10:17 | 9:56 | 10:19 | 0:43 | 8:45 | 30:31 (4.) | 24:57 (5.) | 57:06 | M (3.) |
| 4. | 30 | GUBAŁA Arkadiusz | | 8:02 | 8:16 | 0:35 | 10:52 | 10:13 | 10:39 | 0:30 | 8:33 | 31:45 (8.) | 24:51 (3.) | 57:42 | M (4.) |
| 5. | 81 | SZOSTAK Adam | | 8:02 | 8:18 | 0:33 | 10:44 | 10:24 | 10:40 | 0:27 | 9:05 | 31:48 (10.) | 25:25 (7.) | 58:13 | M (5.) |
| 6. | 39 | JOPKIEWICZ Karol | | 8:48 | 8:52 | 0:32 | 10:47 | 9:32 | 9:59 | 0:32 | 9:56 | 30:17 (3.) | 27:36 (17.) | 58:57 | M (6.) |
| 7. | 71 | RYGAŁŁO Kacper | | 8:02 | 8:25 | 0:27 | 11:16 | 10:53 | 10:57 | 0:30 | 9:00 | 33:06 (14.) | 25:28 (8.) | 59:31 | M (7.) |
| 8. | 31 | GUBAŁA Wojciech J. | | 8:46 | 8:53 | 0:39 | 11:15 | 9:47 | 10:32 | 0:35 | 9:07 | 31:34 (7.) | 26:46 (12.) | 59:33 | M (8.) |
| 9. | 14 | CHAMOT Krzysztof | | 8:46 | 8:51 | 0:48 | 10:45 | 10:19 | 10:22 | 0:52 | 8:51 | 31:26 (6.) | 26:28 (11.) | 59:35 | M (9.) |
| 10. | 86 | WIELOSİK Marcin | | 8:10 | 8:40 | 0:32 | 11:09 | 10:41 | 11:02 | 0:28 | 8:59 | 32:52 (12.) | 25:50 (9.) | 59:42 | M (10.) |
| 11. | 88 | WOŁOSZ Bartosz | | 8:00 | 8:15 | 0:34 | 11:38 | 10:48 | 11:08 | 0:29 | 8:50 | 33:34 (16.) | 25:06 (6.) | 59:42 | M (11.) |
| 12. | 92 | WRONA Daniel | | 8:03 | 8:12 | 0:25 | 11:53 | 10:55 | 11:13 | 0:27 | 8:38 | 34:00 (17.) | 24:53 (4.) | 59:46 | M (12.) |
| 13. | 23 | DZIAŁO Mariusz | 1. | 8:56 | 9:06 | 0:33 | 10:51 | 10:19 | 10:34 | 0:26 | 9:47 | 31:45 (9.) | 27:49 (20.) | 1:00:33 | M (13.) |
| 14. | 76 | SMOLEŃ Krystian | | 8:29 | 9:07 | 0:26 | 11:31 | 10:48 | 11:07 | 0:34 | 9:15 | 33:27 (15.) | 26:51 (13.) | 1:01:16 | M (14.) |
| 15. | 42 | KMUK Tomasz | 2. | 8:56 | 9:20 | 0:30 | 11:16 | 10:41 | 11:04 | 0:32 | 9:28 | 33:02 (13.) | 27:44 (19.) | 1:01:48 | M (15.) |
| 16. | 16 | CHMIEL Łukasz | | 9:11 | 9:24 | 0:44 | 11:05 | 10:26 | 9:51 | 1:31 | 9:50 | 31:22 (5.) | 28:26 (26.) | 1:02:04 | M (16.) |
| 17. | 54 | MAJOS Paulina | | 9:14 | 9:37 | 0:31 | 11:03 | 10:33 | 10:57 | 0:32 | 9:42 | 32:34 (1.) | 28:32 (1.) | 1:02:09 | K (1.) |
| 18. | 28 | GORYCKI Piotr | | 9:05 | 9:24 | 0:36 | 11:20 | 10:26 | 10:47 | 0:39 | 9:56 | 32:32 (11.) | 28:25 (25.) | 1:02:13 | M (17.) |
| 19. | 33 | HAJDUK Sebastian | 3. | 8:30 | 8:37 | 0:55 | 11:45 | 11:19 | 12:12 | 0:54 | 8:52 | 35:17 (20.) | 25:59 (10.) | 1:03:04 | M (18.) |
| 20. | 46 | KRUDYSZ Przemysław | | 8:14 | 8:52 | 0:46 | 11:49 | 11:49 | 11:50 | 0:56 | 10:03 | 35:27 (21.) | 27:08 (15.) | 1:04:17 | M (19.) |
| 21. | 37 | JAKUBOWSKI Hubert | | 8:58 | 9:23 | 1:04 | 11:18 | 11:14 | 11:33 | 1:03 | 9:47 | 34:04 (18.) | 28:07 (23.) | 1:04:19 | M (20.) |
| 22. | 47 | KRUPA Paweł | | 9:05 | 9:05 | 0:23 | 12:12 | 11:52 | 12:24 | 0:25 | 9:30 | 36:29 (25.) | 27:40 (18.) | 1:04:57 | M (21.) |
| 23. | 63 | POKORA Mariusz | | 9:02 | 9:23 | 0:55 | 12:23 | 11:38 | 11:49 | 0:45 | 9:38 | 35:49 (24.) | 28:03 (21.) | 1:05:32 | M (22.) |
| 24. | 50 | KURZYNA Dawid | 4. | 9:10 | 9:22 | 0:36 | 12:28 | 12:01 | 12:06 | 0:38 | 9:40 | 36:34 (26.) | 28:12 (24.) | 1:06:00 | M (23.) |
| 25. | 12 | BUZIAK Mariusz | 5. | 9:10 | 9:28 | 0:19 | 12:18 | 12:19 | 12:24 | 0:21 | 9:50 | 37:00 (29.) | 28:27 (27.) | 1:06:07 | M (24.) |
| 26. | 10 | BUJDASZ Mateusz | | 9:05 | 9:15 | 0:42 | 12:03 | 11:58 | 12:38 | 0:56 | 10:16 | 36:38 (27.) | 28:35 (28.) | 1:06:52 | M (25.) |
| 27. | 60 | PIASECKI Łukasz | 6. | 8:45 | 9:09 | 0:59 | 12:31 | 12:22 | 12:26 | 1:33 | 9:38 | 37:19 (32.) | 27:32 (16.) | 1:07:23 | M (26.) |

Międzyczasy

| M-ce | Nr | Imię i nazwisko | Powiat | B-1 | B-2 | Z-1 | R-1 | R-2 | R-3 | Z-2 | B-3 | Rower | Bieg | Wynik |
|------|-----|-------------------------|--------|-------|-------|-------------|-------|-------|-------|-------------|-------|--------------------|--------------------|------------------------|
| 28. | 26 | GARBACIK Jacek | | 10:52 | 10:57 | 0:32 | 11:58 | 11:17 | 11:43 | 0:34 | 10:47 | 34:59 (19.) | 32:37 (39.) | 1:08:41 M (27.) |
| 29. | 51 | KWASNIEWSKI Norbert | | 10:00 | 9:53 | 0:29 | 13:43 | 12:08 | 12:28 | 0:44 | 9:21 | 38:19 (35.) | 29:14 (29.) | 1:08:46 M (28.) |
| 30. | 84 | TRELA Witold | 7. | 9:26 | 9:14 | 0:42 | 13:20 | 13:04 | 13:10 | 0:36 | 9:25 | 39:34 (43.) | 28:05 (22.) | 1:08:58 M (29.) |
| 31. | 45 | KOPECKI Andrzej | | 10:11 | 10:31 | 0:49 | 12:08 | 11:36 | 11:44 | 1:14 | 10:49 | 35:29 (22.) | 31:32 (36.) | 1:09:04 M (30.) |
| 32. | 27 | GŁUCH Tomasz | | 9:36 | 10:11 | 0:42 | 13:17 | 12:01 | 12:15 | 0:48 | 10:15 | 37:33 (33.) | 30:02 (30.) | 1:09:06 M (31.) |
| 33. | 70 | ROLSKI Remigiusz | | 10:19 | 10:39 | 1:01 | 12:05 | 11:44 | 11:45 | 1:01 | 10:53 | 35:34 (23.) | 31:51 (37.) | 1:09:26 M (32.) |
| 34. | 44 | KOPECKA Magdalena | | 10:13 | 10:37 | 0:53 | 12:20 | 11:54 | 12:22 | 0:45 | 10:44 | 36:37 (2.) | 31:34 (5.) | 1:09:48 K (2.) |
| 35. | 73 | SĄSIADEK Justyna | | 9:43 | 10:20 | 0:48 | 13:12 | 12:22 | 12:39 | 0:28 | 10:29 | 38:13 (4.) | 30:32 (3.) | 1:10:00 K (3.) |
| 36. | 83 | TOMASZEWSKI Szymon | | 9:38 | 10:16 | 0:58 | 13:16 | 12:26 | 12:13 | 0:51 | 10:57 | 37:55 (34.) | 30:51 (35.) | 1:10:35 M (33.) |
| 37. | 65 | PROGOROWICZ Łukasz | | 10:23 | 10:48 | 1:00 | 12:41 | 12:13 | 12:15 | 0:48 | 11:08 | 37:09 (30.) | 32:19 (38.) | 1:11:17 M (34.) |
| 38. | 29 | GOTFRYD Karol | | 9:48 | 9:59 | 0:48 | 13:52 | 12:37 | 12:45 | 1:38 | 10:35 | 39:14 (41.) | 30:21 (32.) | 1:12:02 M (35.) |
| 39. | 2 | BARNAŚ Dariusz | | 9:41 | 10:05 | 1:29 | 12:48 | 13:24 | 12:57 | 1:17 | 10:43 | 39:09 (40.) | 30:28 (34.) | 1:12:23 M (36.) |
| 40. | 21 | DULIK Bartosz | 8. | 9:41 | 10:03 | 0:42 | 14:24 | 13:17 | 13:03 | 0:34 | 10:40 | 40:44 (45.) | 30:24 (33.) | 1:12:24 M (37.) |
| 41. | 69 | ROGOWSKA Anna | | 9:47 | 10:03 | 0:53 | 14:09 | 13:25 | 13:15 | 0:44 | 10:15 | 40:49 (8.) | 30:06 (2.) | 1:12:32 K (4.) |
| 42. | 36 | JAJEŚNICA Joanna | | 10:05 | 10:20 | 0:48 | 13:34 | 13:19 | 13:07 | 0:38 | 10:43 | 40:01 (7.) | 31:09 (4.) | 1:12:35 K (5.) |
| 43. | 101 | WASILEWSKA Joanna | | 10:06 | 10:25 | 1:20 | 13:16 | 12:58 | 12:54 | 0:53 | 11:10 | 39:08 (6.) | 31:41 (6.) | 1:13:03 K (6.) |
| 44. | 78 | SUPERSON Błażej | | 10:27 | 11:34 | 0:44 | 13:13 | 12:43 | 12:45 | 0:37 | 11:30 | 38:41 (37.) | 33:30 (42.) | 1:13:32 M (38.) |
| 45. | 59 | PAWLINA Marcin | | 10:57 | 11:06 | 1:43 | 12:41 | 12:06 | 12:06 | 1:10 | 11:52 | 36:54 (28.) | 33:56 (43.) | 1:13:43 M (39.) |
| 46. | 13 | CEBULA Marcin | 9. | 8:33 | 8:55 | 0:39 | 15:15 | 15:08 | 15:14 | 0:24 | 9:39 | 45:37 (53.) | 27:07 (14.) | 1:13:48 M (40.) |
| 47. | 49 | KULIG Kamil | | 9:31 | 10:15 | 0:44 | 15:09 | 13:24 | 14:34 | 0:52 | 10:30 | 43:07 (49.) | 30:15 (31.) | 1:14:59 M (41.) |
| 48. | 102 | OBSZYŃSKI Jacek | | 10:47 | 11:28 | 1:37 | 12:50 | 12:39 | 12:57 | 1:08 | 11:56 | 38:26 (36.) | 34:11 (44.) | 1:15:22 M (42.) |
| 49. | 89 | WOŁOSZ Wiktoria | | 11:12 | 11:45 | 0:42 | 13:05 | 12:43 | 12:52 | 0:40 | 12:52 | 38:40 (5.) | 35:49 (8.) | 1:15:52 K (7.) |
| 50. | 85 | WAC Tomasz | | 10:55 | 11:19 | 0:47 | 13:15 | 13:06 | 13:19 | 0:57 | 12:19 | 39:41 (44.) | 34:32 (48.) | 1:15:58 M (43.) |
| 51. | 11 | BUZIAK-SMIATACZ Paulina | 10. | 10:30 | 10:33 | 0:24 | 14:34 | 14:22 | 14:29 | 0:16 | 11:15 | 43:25 (12.) | 32:18 (7.) | 1:16:23 K (8.) |
| 52. | 6 | BOREK Paweł | | 11:08 | 11:26 | 0:39 | 14:15 | 14:12 | 14:05 | 0:38 | 11:52 | 42:32 (47.) | 34:25 (45.) | 1:18:14 M (44.) |
| 53. | 41 | KIELAR Rafał | | 12:05 | 12:40 | 0:37 | 13:08 | 12:53 | 13:03 | 0:37 | 13:29 | 39:03 (39.) | 38:15 (55.) | 1:18:32 M (45.) |
| 54. | 24 | FURMAN Katarzyna | | 12:12 | 12:32 | 1:52 | 12:53 | 12:33 | 12:23 | 1:45 | 12:43 | 37:48 (3.) | 37:28 (11.) | 1:18:53 K (9.) |
| 55. | 80 | SZCZERBA Jarosław | 11. | 12:53 | 13:11 | 1:04 | 12:16 | 12:25 | 12:31 | 1:05 | 13:52 | 37:12 (31.) | 39:56 (59.) | 1:19:17 M (46.) |
| 56. | 8 | BRYŁA Łukasz | | 11:47 | 11:44 | 1:32 | 13:57 | 13:16 | 13:33 | 1:21 | 12:16 | 40:46 (46.) | 35:47 (49.) | 1:19:26 M (47.) |
| 57. | 96 | ZATOR Janusz | | 10:13 | 11:01 | 0:49 | 15:30 | 14:53 | 15:10 | 0:31 | 11:35 | 45:33 (52.) | 32:49 (41.) | 1:19:42 M (48.) |
| 58. | 79 | ŚWINIUCH Zbigniew | | 12:53 | 13:54 | 1:05 | 12:56 | 12:42 | 13:38 | 0:58 | 13:48 | 39:16 (42.) | 40:35 (60.) | 1:21:54 M (49.) |
| 59. | 75 | SMOCZYŃSKA Jolanta | | 12:16 | 12:40 | 0:46 | 14:06 | 13:42 | 14:12 | 0:52 | 13:23 | 42:00 (9.) | 38:20 (14.) | 1:21:58 K (10.) |

Międzyczasy

| M-ce | Nr | Imię i nazwisko | Powiat | B-1 | B-2 | Z-1 | R-1 | R-2 | R-3 | Z-2 | B-3 | Rower | Bieg | Wynik |
|------------|-----------|------------------------------|--------|--------------|--------------|-------------|--------------|--------------|--------------|-------------|--------------|--------------------|--------------------|------------------------|
| 60. | 64 | PROGOROWICZ Aneta | | 12:43 | 11:53 | 1:22 | 14:25 | 13:43 | 14:25 | 1:42 | 12:13 | 42:34 (11.) | 36:48 (10.) | 1:22:26 K (11.) |
| 61. | 100 | SOBÓŃ Krzysztof | 12. | 12:57 | 13:07 | 2:11 | 13:18 | 12:39 | 13:00 | 1:45 | 13:41 | 38:57 (38.) | 39:46 (58.) | 1:22:38 M (50.) |
| 62. | 15 | CHLEBIŃSKI Maciej | | 12:16 | 12:24 | 1:18 | 14:21 | 13:57 | 14:44 | 1:21 | 12:45 | 43:02 (48.) | 37:26 (52.) | 1:23:07 M (51.) |
| 63. | 40 | KAPCZYŃSKI Marek | | 11:01 | 11:27 | 1:18 | 15:42 | 15:13 | 15:56 | 0:36 | 11:59 | 46:50 (57.) | 34:27 (46.) | 1:23:11 M (52.) |
| 64. | 32 | GWIZDAŁA Dominik | | 12:09 | 12:31 | 0:47 | 15:06 | 14:30 | 15:27 | 0:32 | 12:52 | 45:03 (51.) | 37:31 (53.) | 1:23:53 M (53.) |
| 65. | 93 | WYGZAWSKI Piotr | | 11:07 | 11:10 | 1:06 | 15:48 | 15:21 | 16:36 | 0:50 | 12:14 | 47:45 (59.) | 34:31 (47.) | 1:24:12 M (54.) |
| 66. | 53 | LEŚNIAK Marcelina | 13. | 13:02 | 13:19 | 0:55 | 13:54 | 14:01 | 14:26 | 0:39 | 13:55 | 42:21 (10.) | 40:17 (19.) | 1:24:12 K (12.) |
| 67. | 56 | MAZUR Marcin | | 10:33 | 12:40 | 0:51 | 15:19 | 15:00 | 15:27 | 1:18 | 13:23 | 45:46 (54.) | 36:36 (50.) | 1:24:31 M (55.) |
| 68. | 61 | PODGÓRSKA-KIELAR Anna | | 12:35 | 12:56 | 0:52 | 14:43 | 14:13 | 15:07 | 0:52 | 13:20 | 44:03 (13.) | 38:52 (16.) | 1:24:38 K (13.) |
| 69. | 103 | WITEK Arkadiusz | 14. | 9:51 | 11:38 | 0:37 | 17:50 | 16:08 | 17:05 | 0:38 | 11:12 | 51:03 (64.) | 32:40 (40.) | 1:24:59 M (56.) |
| 70. | 22 | DYMEK Mateusz | 15. | 11:47 | 12:33 | 1:23 | 15:06 | 14:49 | 16:22 | 1:21 | 12:55 | 46:16 (56.) | 37:15 (51.) | 1:26:16 M (57.) |
| 71. | 90 | WRAŻEŃ Aleksandra | 16. | 13:15 | 12:53 | 0:47 | 15:07 | 15:42 | 15:47 | 0:55 | 12:35 | 46:36 (15.) | 38:43 (15.) | 1:27:02 K (14.) |
| 72. | 35 | JACKOWSKA Joanna | 17. | 12:35 | 12:04 | 0:36 | 15:57 | 16:00 | 16:12 | 0:37 | 13:22 | 48:09 (16.) | 38:01 (13.) | 1:27:23 K (15.) |
| 73. | 3 | BARSZCZ Krzysztof | 18. | 11:15 | 12:53 | 0:55 | 16:06 | 15:55 | 16:02 | 0:33 | 13:48 | 48:03 (61.) | 37:56 (54.) | 1:27:27 M (58.) |
| 74. | 17 | CIĘŻCZYK Dominika | | 13:02 | 13:20 | 1:02 | 15:45 | 15:35 | 14:47 | 0:50 | 13:11 | 46:07 (14.) | 39:33 (17.) | 1:27:33 K (16.) |
| 75. | 25 | GAJDA Karol | | 13:03 | 13:33 | 1:22 | 14:56 | 14:08 | 15:15 | 1:24 | 14:31 | 44:19 (50.) | 41:07 (63.) | 1:28:12 M (59.) |
| 76. | 34 | HYNEK Dawid | | 12:28 | 12:58 | 0:51 | 16:28 | 15:52 | 15:37 | 0:44 | 15:29 | 47:57 (60.) | 40:55 (62.) | 1:30:27 M (60.) |
| 77. | 58 | MYDLARZ Dariusz | 19. | 12:23 | 13:47 | 0:42 | 16:40 | 16:28 | 15:56 | 0:36 | 14:39 | 49:03 (62.) | 40:48 (61.) | 1:31:09 M (61.) |
| 78. | 91 | WRAŻEŃ Marek | 20. | 12:49 | 12:43 | 1:38 | 16:49 | 16:17 | 16:49 | 1:09 | 13:47 | 49:54 (63.) | 39:20 (57.) | 1:32:01 M (62.) |
| 79. | 68 | RAJCA Magdalena | 21. | 12:35 | 12:03 | 0:40 | 17:49 | 17:55 | 18:34 | 0:17 | 13:04 | 54:18 (19.) | 37:42 (12.) | 1:32:57 K (17.) |
| 80. | 1 | BĄK Mirosław | 22. | 14:01 | 15:18 | 0:34 | 14:57 | 15:22 | 15:47 | 0:28 | 17:49 | 46:06 (55.) | 47:07 (67.) | 1:34:15 M (63.) |
| 81. | 7 | BRYŁA Andrzej | 23. | 14:02 | 14:13 | 1:42 | 15:48 | 15:13 | 15:51 | 1:58 | 16:15 | 46:52 (58.) | 44:29 (65.) | 1:35:01 M (64.) |
| 82. | 94 | ŻABCZYŃSKA Zuzanna | | 12:18 | 12:56 | 1:51 | 17:30 | 17:22 | 17:40 | 0:54 | 14:35 | 52:32 (17.) | 39:49 (18.) | 1:35:06 K (18.) |
| 83. | 95 | ŻABCZYŃSKI Robert | | 12:18 | 12:24 | 1:56 | 17:35 | 17:24 | 17:58 | 0:56 | 14:35 | 52:57 (67.) | 39:16 (56.) | 1:35:06 M (65.) |
| 84. | 66 | PRYLYPINA Anna | | 10:48 | 11:53 | 1:13 | 19:40 | 18:43 | 19:14 | 0:54 | 13:30 | 57:37 (21.) | 36:11 (9.) | 1:35:55 K (19.) |
| 85. | 67 | PYSZ Artur | 24. | 13:12 | 13:37 | 0:59 | 17:38 | 17:08 | 18:11 | 0:50 | 15:07 | 52:56 (66.) | 41:55 (64.) | 1:36:40 M (66.) |
| 86. | 87 | WITALEC Anna | | 12:47 | 14:21 | 1:09 | 18:41 | 17:42 | 18:33 | 0:10 | 14:36 | 54:57 (20.) | 41:44 (20.) | 1:38:00 K (20.) |
| 87. | 38 | JANOCHA Marta | 25. | 13:33 | 14:34 | 0:40 | 18:16 | 17:03 | 17:51 | 0:54 | 15:43 | 53:10 (18.) | 43:50 (21.) | 1:38:34 K (21.) |
| 88. | 52 | LEBUDA Oskar | | 14:01 | 14:53 | 1:04 | 16:48 | 17:04 | 17:58 | 1:18 | 16:02 | 51:50 (65.) | 44:56 (66.) | 1:39:07 M (67.) |
| 89. | 19 | DUDA Szymon | | 13:01 | 18:06 | 2:15 | 18:31 | 18:35 | 20:38 | 1:14 | 16:58 | 57:44 (69.) | 48:04 (68.) | 1:49:18 M (68.) |
| 90. | 20 | DUDA Witold | | 13:01 | 18:05 | 2:13 | 18:35 | 18:36 | 20:32 | 1:18 | 17:01 | 57:42 (68.) | 48:07 (69.) | 1:49:20 M (69.) |
| DNF | 72 | RZESZUTEK Wiktoria | | | | | | | | | | 0:00 () | 0:00 () | K () |